

Fall Quarter is almost over! I hope that you have had a productive quarter and that your participation in the COES Mentoring Program has helped make it a success. *Research shows that mentoring helps you gain an understanding of the "culture" of your program, the college and the institution as a whole.* As always, the goal of our **monthly e-newsletters** are to provide information on resources, upcoming events, mentoring tips and other items of interest designed to help you be effective.

*** Grab a cup of joe and chat with your Mentor.** With cold weather more or less here (Louisiana's version, at least!), now is a great time to schedule some time to talk with your Mentor over a cup of coffee or tea. Ruston has a number of great places to visit, from Starbucks (on Tech Drive) to Crescent City (US 167S across from the Lincoln Parish Library) to the newer Black Box Coffee Shop downtown on US 167S and Cool Beans Cafe on California Street behind Davison Hall. Most of these also offer food, so make it a lunch meeting. Remember - *research shows that your Mentor benefits as much from meeting as you do*, so don't be afraid to contact them about meeting. In fact, they appreciate the reminder. So contact them today and set up a meeting before the end of the quarter. You won't benefit from mentoring unless you make meeting with your Mentor a priority!

***It's Not too late!** We have one free NSF Webinar left: **Wed., Nov. 9 from 12 noon - 3:30 p.m. in BED 229 on "Making an Impact: Building Transportable Projects"** about including valuable broader impacts initiatives in your proposals. This information is valuable for any type of grant and doing a great job of broader impacts is the easiest way to improve your proposal reviews (since most people do such a poor job on broader impacts!). The **Cyber Engineering Research Conference** (hosted by Tech and the Cyber Innovation Center) is scheduled for **Monday, November 7 in the Shreveport Convention Center**. In particular, you might want to hear the **special presentation by Tim Elmore, author of "Generation iY: Our Last Chance to Save Their Future" at 5 p.m. (to attend this presentation, you MUST RSVP by Wednesday, November 2** to JoAnn Marshall at joann.marshall@cyberinnovationcenter.org).

***Catch Scott Kiefer and learn about the value of everyday examples.** Scott Kiefer, from the NSF-funded ENGAGE Project (<http://engageengineering.org/>), will be on campus **Thursday, November 3 at 2 p.m in Bogard 305** to talk about the benefits (and logistics) of incorporating more easily-relatable, everyday examples into our engineering, math, and science courses. Scott has eleven years of teaching experience in mechanical engineering courses ranging from introductory freshman courses to senior design. Scott and his colleagues have found that including more everyday examples in their teaching has helped improve student retention, student learning, and course evaluations, and has made class time more enjoyable for both the students and instructor. Louisiana Tech is one of only 20 engineering schools in the country selected to participate in the ENGAGE Project.

***Take some time off during Quarter Break.** It is tempting to spend all of your Quarter Break to get caught up on that next paper or grant proposal, and certainly it is wise to pick a couple of high-priority items and focus on those while you have some time off. But be sure to make some time to relax and enjoy family and friends. There are a number of special events starting in November both on-campus and in the community that provide great opportunities to do just that. Some of those include: the **Tech Theater Production of Thornton Wilder's "Our Town," November 2 - 5 in the Stone Theater;** **"Holidays in Cedartown Christmas Bazaar"** (benefitting Cedar Creek School), **November 3 - 5 at the**

Ruston Civic Center; "Carols and Cocoa," the Louisiana Tech Chamber Singers holiday event on Friday December 9; and more! Check out the community calendar

at: <http://www.rustonlincoln.com/events> and the Tech calendar of events

at: <http://events.latech.edu/cal/main/showMain.rdo>

Mentoring Tip for November:

* In 1995 two-time Pulitzer Prize nominee **Daniel Goleman** published an internationally best-selling book entitled "[Emotional Intelligence](#)" (which spent 1 1/2 years on the *New York Times* Best Seller list) about the impact of **non-cognitive skills on success in the workplace**. He identified four key attributes (based on numerous studies) of successful leaders and managers: **self-management; self-awareness; social awareness; and relationship management**. Unlike IQ, you can improve your Emotional Intelligence or EQ with training. With quarter break and the holidays ahead, now is a great time to grab a book on a professional development topic to enjoy over the next few weeks. *Consider picking up a copy of "Emotional Intelligence" or stop by the OWISE Library in the Dean's Office and borrow a book:* including **Scott Page's "The Difference"** on the impact of diversity on innovation and creativity in teams; **Virginia Valian's "Why So Slow"** about issues related to the advancement of women in STEM fields; **Linda Babcock's "Women Don't Ask"** and "**Ask for It**" on negotiation; or **Claude Steele's "Whistling Vivaldi"** which looks at stereotype threat.

Questions? Contact the OWISE Office at 257-2101 or advance@latech.edu.